

## CULTIVATING A CULTURE OF CARE

Help your colleagues connect to resources and support they need.

The FSSN is designed to address an important gap: how to intervene on behalf of someone who appears to be struggling. It is a supplement to the many other community resources available to DU employees.

### WHAT DO I DO WHEN I WITNESS FACULTY OR STAFF UNDER DURESS?

IS THERE IS AN IMMEDIATE THREAT TO THEMSELVES OR OTHERS?



#### YES

The individual's behavior is clearly and imminently reckless, disorderly, dangerous, or threatening (including self-harm).

#### NOT SURE

The individual shows signs of distress and I am not sure the individual has the ability to cope.

#### NO

I am not concerned for the individual's immediate safety, nor am I feeling uneasy about the situation. I am concerned that they are having significant personal issues and could use support.



DO YOU FEEL SAFE?

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YES

NO

YES

NO

CALL 911 FIRST

Then call Campus Safety: 303-871-3000 (on campus x1-3000)

GET SOMEWHERE SAFE

Then call 911, and then call Campus Safety: 303-871-3000 (on campus x1-3000)

ARE YOU WITH THE PERSON?

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YES

NO

YES

NO

Stay with them until the proper authorities arrive.

Try to keep the person on the line while also communicating with campus safety on how to proceed.

Attempt to get to a private place. Stay with the person and call our EAP provider at 888-881-5462.

Encourage them to call our EAP provider at 888-881-5462.

FILE A FACULTY/STAFF FSSN REFERRAL

Referral should summarize what situation occurred and what steps were taken (not diagnosis). Objectively describe the situation, the actions of the individual, and any actions you took.

FILE A FACULTY/STAFF FSSN REFERRAL

[duvpfa.du.edu/fssn-referral](http://duvpfa.du.edu/fssn-referral)

### RESOURCES

#### DAYTIME RESOURCES

##### CAMPUS SAFETY EMERGENCY

303-871-3000  
(on campus: x1+3000)

##### CAMPUS SAFETY NON-EMERGENCY

303-871-2334  
(on campus: x1+2334)

##### WELL-BEING PROGRAM FOR FACULTY AND STAFF

303-871-3840  
Well@DU.edu  
[du.edu/wellness/resources/index.html](http://du.edu/wellness/resources/index.html)

#### AFTER HOURS RESOURCES

##### CAMPUS SAFETY

303-871-3000  
(on campus: x1+3000)

##### SUPPORTLINC – EMPLOYEE ASSISTANCE PROGRAM

SupportLinc provides 24/7 access to confidential resources from your phone or computer.  
888-881-LINC (5462)  
[supportlinc.com](http://supportlinc.com)  
Username: universityofdenver

##### COLORADO CRISIS SERVICES

844-493-8255  
(or text "TALK" to 38255)

##### NATIONAL SUICIDE PREVENTION LIFELINE

800-273-8255